

BREAKFAST

Yogurt natural v coconut pb , granola & berries	13 15
Fruit plate pb	15
Acai bowl, granola, banana, goji berries, coconut pb	18
Oatmeal, coconut chips, hemp & chia seeds, apple-cinnamon, pomegranate pb, gf	14
Pancakes, blueberry compote	18
Plain Bagel, salmon, cucumber, tomato, onion, capers, cream cheese	28

EGGS

Eggs Arrabbiata v	20
Egg white omelette, spinach, toast v	19
Quinoa Bowl, black rice, spinach, romesco, poached eggs, puffed amaranth v, gf	18
Eggs florentine v Benedict Royale	18 20 20
Huevos rancheros, black beans, avocado, ham, tortilla gf	21
Avocado on toast, poached eggs, chili v	22
Smoked salmon, scrambled eggs, sourdough	22
English breakfast eggs, sausage, bacon, beans, roasted tomato, mushroom, toast	25
Prosciutto, stracciatella, egg, truffle, toast	28

PASTRIES

Croissant Chocolate croissant Blueberry muffin gf Chocolate muffin gf	8
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BREAKFAST SIDES

Toast Baked Beans Roasted tomato Hash browns	8
Avocado Mushrooms Spinach Smoked salmon Bacon Sausage	9

pb plant based | **v** vegetarian | **gf** gluten free

Please let us know if you have any allergies or dietary requirements, our dishes are made here but might contain trace ingredients. *Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

COLD PRESSED JUICES

12

Greens, cucumber, celery, spinach, lemon, kale, parsley
 Roots, beet, lemon, ginger, apple
 Mango turmeric, mango, lemon, monk fruit, turmeric

TRIP CBD 355ML LIGHTLY SPARKLING

14

Lemon & Basil | Elderflower & Mint | Peach & Ginger

LA COLOMBE COFFEE 266ML CAN

10

Brazilian cold brew bold & rich with notes of cocoa
 Draft latte with oat milk cold pressed coffee, light cane sugar

ICED & HOT COFFEE

Espresso | Macchiato

5

Americano | Cappuccino | Cafe Latte

6

Matcha Latte

7

*whole, skim, half & half, soy, coconut & oat milk available

RISHI TEA

Chamomile Melody | Peppermint | Turmeric Ginger *caffeine free*

5

Earl Grey (*black tea*) | Jade Cloud (*green tea*) | Jasmine (*green tea*) | Matcha Super Green
medium caffeine

5

English Breakfast (*black tea*) *high caffeine*

5

Brewed Summer lemon Rishi (*iced tea*)

6

FRESH JUICES

7

Grapefruit | Orange | Pineapple | Watermelon | Apple boxed, local

HEALTH & FUNCTIONAL

7

De Soi, blackberry, vanilla, rose, ashwagandha

8

Recess Mood, grapefruit, tangerine, lemon balm

8

Moment, blueberry, ginger, jasmine tea, tulsi

7

Aplós Ume Spritz, plum, grapefruit, lions mane, magnesium, sun-theanine

9

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